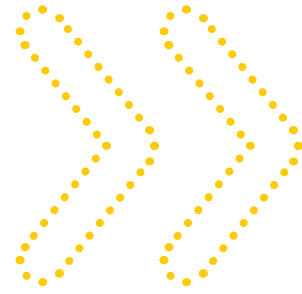


CATCH Online Training Campus



The CATCH Online Training Campus offers schools and after-school programs the opportunity to greatly expand their professional development options for CATCH K-8, CATCH Kids Club, CATCH PE, and CATCH Early Childhood.

Perfect to enhance CATCH in-person trainings, to revisit CATCH implementation strategies, or to just get new staff up to speed, the CATCH Online Training Campus provides step by step review of CATCH implementation strategies through trainer-guided presentations and hours of video demonstrations. Certified CATCH Trainers take you through both award winning programs implemented in thousands of schools and after-school organizations across North America.



TRAINING IS EASY!

The CATCH Online Training Campus makes training easy! Course subscriptions allow individuals or groups to have password protected access to CATCH program support for 6 months, 24/7. New employees can be trained individually, at their own pace, while senior organizational staff can access new, refreshed content, added year round.

WHAT IS CATCH ON-LINE TRAINING?

The CATCH Online Training Campus includes "how-to" videos and presentations on: use of the CATCH curriculum, physical activity, nutrition lesson demonstrations, health status of children, Eat Smart cafeteria tours and promotion, classroom presentations, evaluating your program, adapting your program for special needs children, and much more.

CATCH ON-LINE TRAINING MODULES:

- » Orient participants to the program
- » Use a variety of interactive techniques to teach and demonstrate strategies for effective implementation
- » Identify specific campus and after-school program needs, and facilitate solutions toward guiding communities in their efforts to help children be healthy

TRAINING DESCRIPTIONS

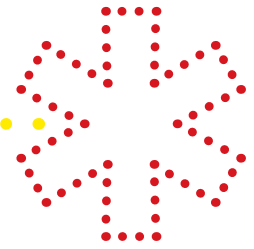
- » CATCH Kids Club
- » CATCH Grades K-5
- » CATCH Grades 6-8
- » CATCH PE Grades K-8
- » CATCH Early Childhood



"It was a pleasure to take this course and learn about some of the ways we might engage students, teachers, parents, and schools to evaluate the "health" of our current school programs."

— Coordinator, Community Hospital Outreach





"I really enjoyed that I was able to see the activities in the box in action. I've used the box games, but these videos were helpful because I got to see other ways the games could be played."

— Physical Education Specialist, Elementary K-5

Below is a list of our online CATCH trainings with a description of each.
Call us at 800.793.7900 to learn more.

1. **CATCH KIDS CLUB**

This online course takes you through the entire CATCH Kids Club (CKC) program and provides information on how to get this after-school version of CATCH up and running in your community. Modules cover everything from how to use the materials, as well as video demonstrations on how to work with the kids in your program. The CATCH Kids Club online course also contains a module that covers how to identify special needs children and adapt physical activities specifically for them. This course is a must for those organizations that use CKC in their after-school or school environment. Estimated completion time: 2 hours.

2. **CATCH K-5**

The CATCH K-5 training for schools will take you through the program, its components, and how it works within the coordinated school health model. When completed, the participant will be able to use the materials and have a working knowledge of how to implement CATCH into their school or organization. The K-5 online course also contains a module that covers how to identify special needs children and adapt physical activities specifically for them as well as a Coordination Kit Overview. Estimated completion time: 2 hours.

3. **CATCH 6-8**

The CATCH 6-8 training for schools will take you through the program, its components, and how it works within the coordinated school health model. When completed, the participant will be able to use the materials and have

a working knowledge of how to implement CATCH into their school or organization. The 6-8 online course also contains a module that covers how to identify special needs children and adapt physical activities specifically for them as well as a Coordination Kit Overview. Estimated completion time: 2 hours.

4. **CATCH PE K-8**

The CATCH PE K-8 online training course is designed for elementary & secondary physical education specialists and PE aides. It combines high energy, non-elimination activities with teaching strategies that keep kids moving and having fun. This online course has been designed to take the participant through the entire CATCH PE K-8 program covering everything from how to use the materials, and teaching strategies, to multiple video demonstrations with certified instructors working with elementary & middle school kids. Estimated completion time: 2 hours.

5. **CATCH EARLY CHILDHOOD**

The CATCH Early Childhood (CEC) course covers all aspects of the program including materials (curriculum, activity box and parent tip sheets), implementation and evaluating that the program is working. Completion time 2 hours.

Visit CATCHinfo.org

**Call us at 800.793.7900 and speak
to a CATCH Team member today!**

