Two Pass

Goal:
- Practice throwing, catching and/or passing skills

Bullying Awareness/Bullying Prevention Concepts or Goals:
- To complete tasks with multiple partners
- To build a working relationship with classmates
- To work different skill levels

Recommended Grade Level: Grades K-8

Space or Activity Area:
- Gymnasium or outside space
- Size of playing area depends on space available and size of group

Equipment/Materials Needed:
- No-Tie pinnies or scrimmage vests, #W12522—KEEPERS Youth No - Tie Pinnie Set
- 8-15 balls (depending on the size of the group), #W18715—Bullying Awareness Playground Ball - 8.5”

Description of Activity/Game:
Set Up: Scatter formation.

BASIC GAME:
- Divide your class into four groups.
- Assign each group a color using pinnies.
- The objective is to complete 2 passes with a partner.
- If successful, a player scores 100 points!
- If successful, the players place the ball on the ground and find a new ball and a new partner.
- If the ball is dropped or otherwise not caught, players score 0 points for the attempt and must find a new partner.
- Players may not travel with a ball.
- At this point the teacher may allow players to throw to any player or limit the passing only teammates.

ADDING DEFENSE:
- Using the above game format, choose one of the groups to play defense.
- The defense tries to intercept or knock down any passes.
- If a ball touches the ground or is intercepted, the offense/passers must find a new ball and a new partner.
- If successful, the players each score 500 points, put the ball down and find a new ball and a new partner.
- Rotate the defense after 3 minutes.
Assessment:
- This is a good activity for a teacher to check the selected skills, offensive movement/strategies and defensive strategies.

Extensions and Additional Suggestions and Ideas:
- Increase the number of completed passes for success as the skill level increases
- Give players 100 bonus points for using every player on his/her team
- Make the passing skill sport specific such as soccer (kicking), lacrosse (sticks) or hockey (sticks and pucks).
- Dictate the type of pass that must be thrown (i.e. bounce passes, chest passes)
- Add different types of balls. Each ball indicates the skill used. For example, picking up a basketball would dictate a basketball pass would have to be used; pick up a football - a shot gun snap or spiral pass.

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