Team 4 Square With a Twist

Goal:
- To work together to create bouncing ball patterns in a 4 Square game

Bullying Awareness/Bullying Prevention Concept or Goal:
- Working together
- Teamwork

Recommend Grade Level: Grades 4-8

Space or Activity Area: 4 Square Game squares in large enough area to strike a ball

Equipment/Materials Needed:
- 4 Square Game Squares

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>3</td>
</tr>
</tbody>
</table>

- 1—8” playground ball for each game, #W18715—Bullying Awareness Playground Ball - 8.5”

Description of Activity/Game:
- Each team of 4 players will try to create ball bouncing patterns in the 4 Square Game. See patterns below.

Skills Component:
- Striking skills

Rules:
- Each pattern must be accomplished without a miss
- Balls must be struck with a 1 or 2 hand method
- Fingers must be pointed down on all ball strikes
- Teammates should take turns starting new patterns

Assessment:
- Number of tasks complete
- Striking skills completed
- Partnership success
Debriefing Ideas:
- Talk about each person’s part in the activity
- Discuss whether all rules were followed
- Discuss the how working together prevents bullying
- Brainstorm about the striking challenges and techniques

Extensions:
- Increase the number of strikes for each pattern challenge
- Increase the difficulty of the patterns
- Have players change squares after strikes

4 Square Team Twist Challenges:
- Square 1 to 2 to 3 to 4 - 4 times around the 4 Square Game Court
- Square 1 to 3 to 4 to 2 back to 1 – 4 times around the 4 Square Court
- Square 1 to 4 to 1 to 3 to 1 to 2 to 1 – Repeated 4 times.
- Pattern: if you receive the ball from the side you must strike it across the square. Example Square 1 to 2 to 4 to 3 to 1
- Create your own patterns
- Create patterns spelling anti-bullying words- one successful bounce in a square = one letter of the word to be spelled

- Bully - Adults
- Bullied - Differences
- By-Stander - Abilities
- Behavior - Hazing
- Role - Cyber Bullying
- Teamwork - Name Calling
- Prevention - Life Styles
- Positive! - Weakness
- Safe Zone - Friend
- Adults - Awareness
- Differences - Disabilities
- Abilities - Hurt

Author: John L. Smith
1989 NASPE National Teacher of the Year
FlagHouse Educational Consultant

Shop
All Bullying Awareness Products
Today!

Play Well With Others... Be Active Against Bullying!™ Visit www.FlagHouse.com/BullyingAwareness