The Bully Minefield*

**Goal:**
- To help move your partner safely through the Bully Minefield

**Bullying Awareness/Bullying Prevention Concept or Goals:**
- Teamwork
- By-stander helping
- Becoming involved

**Recommended Grade Level:** Grades 5-8

**Space or Activity Area:** 30’ X 30’ safe area marked off

**Equipment/Materials Needed:**
- Blindfolds, #W15647—Panda Eye Blindfolds
- 24 poly spots, #W743—Spot Marker Set - 9” Round

**Description:**
- Mark off a large circle in the safe area
- Place the 24 poly spots scattered around in the marked off activity area
- Partners start on the outside of the area
- One partner is blindfolded
- The blindfolded partner is directed verbally by the partner (no contact allowed)
- The blindfolded partner is directed safely across the Bully Minefield safely to the other side
- Success can be accomplished by making the trip without stepping on the poly spot or having a low number of steps on the spots
- Change roles and direct the other person across the area

**Skills Component:**
- Walking
- Direction giving
- Listening skills

**Rules:**
- Do not touch your partner
- Count the number of Bully Mines the partner touches. The lower number the better the success rate
- Switch partners and attempt the activity again
Assessment:
- How successful was each trip across the Bully Minefield?
- What clues were used to help your partner?
- What changes were made to improve each trip?

Debriefing Ideas:
- Talk about each person’s part in the activity
- Discuss whether all rules were followed
- Discuss the how working together prevents bullying
- Brainstorm the potential Bully Mines that you might come across in life

Extensions:
- Increase the number of items in the minefield
- Increase the difficulty level of the Bully Mines using cones, jump ropes, balls
- Check on how long it takes to cross the Bully Minefield
- Use no word clues but sounds for directions
- The By-Stander helper stays outside the area but still helps verbally

Author: John L. Smith

For more great Project Adventure activities go to [http://www.PA.org](http://www.PA.org)

*Adapted from a Project Adventure activity called Minefield.

It can be found in: Quicksilver by Karl Rohnke and Steve Butler, 1995 Kendall Hunt