Around the World Basketball Shooting

Goal:
- For players and/or teams to shoot and make baskets from each of the designated spots marked on the basketball court

Bullying Awareness Objective or Goals:
- To work as a team to make baskets as quickly as possible
- To help teammates become successful at shooting baskets

Recommended Grade Level: Grades 4-12

Space or Activity Area: Basketball court with baskets

Equipment/Materials:
- Size-appropriate basketball for each player or team of players, #W8210—FLAGHOUSE Super - Grip Basketball
- Poly spots markers, #W743-Spot Marker Set - 9" Round

Description of Activity/Game:
- Team or player starts on one of the poly spots
- On the signal the player/team starts shooting attempting to make a basket from that spot
- Rebound the made basket and move to another spot and keep shooting
- Rebound a missed shot and return to the same spot to keep shooting until you make it
- When the player/team has made a shot from each spot they are finished

Fitness/Skill Components:
- Basketball Shooting
- Basketball Rebounding
- Running
- Dribbling
- Passing

Rules:
- Team or player starts on one of the poly spots with a basketball
- On the signal the player/team starts shooting attempting to make a basket from that spot
- Rebound the made basket and move to another spot and keep shooting
- Rebound a missed shot and return to the same spot to keep shooting until you make it
- When the player/team has made a shot from each spot they are finished

Assessment:
- Keep track of the number of baskets made and which players make them from which spots
- Count rebounds collected before the basketball hits the ground
- Count assists made on the shots
Debriefing Ideas:
- What made a successful shot?
- Who helped the team work better?
- How can you do this more efficiently?

Extensions:
- Place more spots down
- Place the spots in more difficult places
- Have players make more than one shot from each spot
- Have players make 2 shots in a row from each spot

Additional Suggestions and Ideas:
- Place spots with letters or concepts expressing Bullying Awareness thoughts for shooting spots and have them check them off after a successful shot is made for it on a chart

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