

TOSSERS SCARVES SET

Item # 14743

Tosser Scarves are easy to hold, and are weighted for throwing, increasing accuracy of the toss. They are great for students who need to develop visual spatial awareness, grasp, release, tossing and throwing skills.

- Place hoops on the floor. Ask students to toss the scarf into the hoop that matches its color. This helps to develop color recognition in addition to the tossing skills.
- Create a dartboard on the floor. Place skill names in each circle of the target. Ask students to stand on carpet squares and toss the scarves in a high arc to land on the target. They, then, perform the skills upon which their scarf lands. This give purpose in movement, and works on aim and toss.
- Musical scarves is a fun way to break groups into “teams” or partners. Play music and allow the students to toss the scarves around a circle. When you stop the music, whichever scarf a student is holding defines the team to which they are assigned. Restart the music and play until all students have been assigned to a group or team.



***Beth Gardiner** brings an impressive array of experience and professional affiliations in the gymnastics world, spanning three decades. As owner of Heart of Texas Gymnastics Beth specializes in preschool gymnastics, recreational, compulsory team and special needs gymnastics. Her child-first philosophy and skill-based curriculum have proven effective in building dynamic and highly successful gymnastics programs. Through these, and as a volunteer with Special Olympics and other private organizations, she regularly works with children and adults who have disabilities, researching ways to serve the special needs population in the gym environment. Beth has also served as a USA Gymnastics National Instructor since 1997 and is a 1983 graduate of Texas A&M University.*