

# Dual Walker/Group Walker

Items #7724 & 1228

## **What Are the Educational Applications?**

Teamwork and cooperation activities are an important component of any level in Physical Education. When teaching these types of activities an important component of discussion is communication. By focusing students on working in unison, rather than competing against each other, the entire group can feel the sense of accomplishment. Likewise, when students do not work together and argue, it is a life lesson of the value of working well with others.

## **How Can I Use This Product With My Students?**

Dual Walkers reinforce teamwork, coordination, and communication! Walk by using hand ropes to lift boards-without any binding foot straps. Generous 36"L x 5"W platforms accommodate two persons, ages 6 to adult. Walkers can even be tied together to form trains! Use indoors or out. Wood tops with stiff foam bottoms. For ages 6 to adult.

Team Walkers require coordination, communication, and teamwork to get all 6 players stepping in unison. Participants walk by using hand ropes to lift boards, without any binding foot straps. Made of wood tops with foam bottoms for indoor/outdoor use. For ages 6 to adult.

### **Activity #1 Walk 2gether**

Using Dual Walker, have 2 students at a time use the product to walk in a straight line from a starting area to a finish line. For an extra challenge, have students turn around without getting off and come back to start from the finish line. This can be done relay style with 2 students at a time going down and back, or pairs can be at opposite ends and go back and forth until all pairs have walked to the opposite side from where they started.

### **Activity #2 Six on 2**

Using Group Walker, have 6 students at a time use the product to walk in a straight line down from a starting area to a finish line. For an extra challenge, have students turn around without getting off and come back to start from the finish line. This can be done relay style with 6 students at a time going down and back, or groups can be at opposite ends and go back and forth until all groups have walked to the opposite side from where they started.

### **Activity #3 Obstacle Course**

Create an obstacle course where students need to work together to turn the boards to maneuver through different

obstacles such as cones. This is for the more advanced users because it requires moving in other directions besides forward.

### **Activity #4 Disability Sensitivity**

Do any of the above 3 mentioned activities, but now add a twist. Give students an awareness of what it is like to have a disability by taking away the use of a body part. For example, show students how to modify an activity when there is a blind child who wants to participate. Blindfold a student while the other participants are not, or tie a participant's arm in a sling so he or she only has one arm to use. Instruct the other students in the group to figure out a way to adjust, so the "disabled" student can still participate. For the "blindfolded" child, the other students should describe everything that is going on in detail for that person. For the child with the sling, have the student behind that person hold 2 ropes on the side with the missing arm.

*\*Students should be supervised at all times during this activity.*

### **How Do I Make This Product Developmentally Appropriate For My Students?**

The wonderful thing about this product is that 6-year-olds to adults can use it! In addition, it does not require a high physical skill ability level. However, in order to be successful, it is imperative that participants work together. Communication is the key to success.

### **How Does This Product Relate to Current Educational Thinking?**

Promotes teamwork and team building.

**In view of COPEC'S (Council on Physical Education of Children) position that all activities have both appropriate and inappropriate practices, please list and describe a few appropriate practices regarding how this item or these activities are valuable to a physical education program.**

- Focus is on group success versus individual
- Promotes communication skills
- Does not require sports-related skills
- Appropriate for a variety of age ranges
- Promotes teambuilding
- Can be done indoors and outdoors
- No straps to bind feet and cause twisted ankles
- Close to ground so beginners and younger users won't get hurt

## Safety Issues & Concerns

- Make sure students are paying attention and body parts are not under or in the way of walker
- Check ropes to make sure handles are securely attached
- Check rope to make sure securely attached to boards



### **24/7 Online Ordering!**

Order FlagHouse products online 24/7! View our latest products, not yet in our catalogs! Create wish lists! Online specials! Hot Buys! Expanded content!

<http://www.FlagHouse.com>  
<http://www.FlagHouse.ca>

### **FlagHouse Exclusive Online Specials!**

FlagHouse Hot Buys! View our latest online product specials - this pricing is not available in our catalogs! Limited quantities, so get them while they are HOT!

<http://www.FlagHouse.com/HotBuys>  
<http://www.FlagHouse.ca/HotBuys>

*Do you have an idea for a brand new product or a new game idea? We would be happy to speak with you - contact us at <http://www.FlagHouse.com/NewIdeas>*

*Please direct your questions or concerns regarding this product to the appropriate office listed below between the hours of 8AM-6PM Eastern Time*

**In the US:** FlagHouse, 601 FlagHouse Drive, Hasbrouck Heights, New Jersey 07604-3116 Phone 800.793.7900 201.288.7600 Fax 800.793.7922

**In Canada:** FlagHouse Canada, 235 Yorkland Blvd., Suite 105, North York, Ontario M2J 4Y8 Phone 800.265.6900 416.495.8262 Fax 800.265.6922

**International Customers:** FlagHouse, 601 FlagHouse Drive, Hasbrouck Heights, New Jersey, 07604-3116 USA Phone 201.288.7600 Fax 201.288.7887